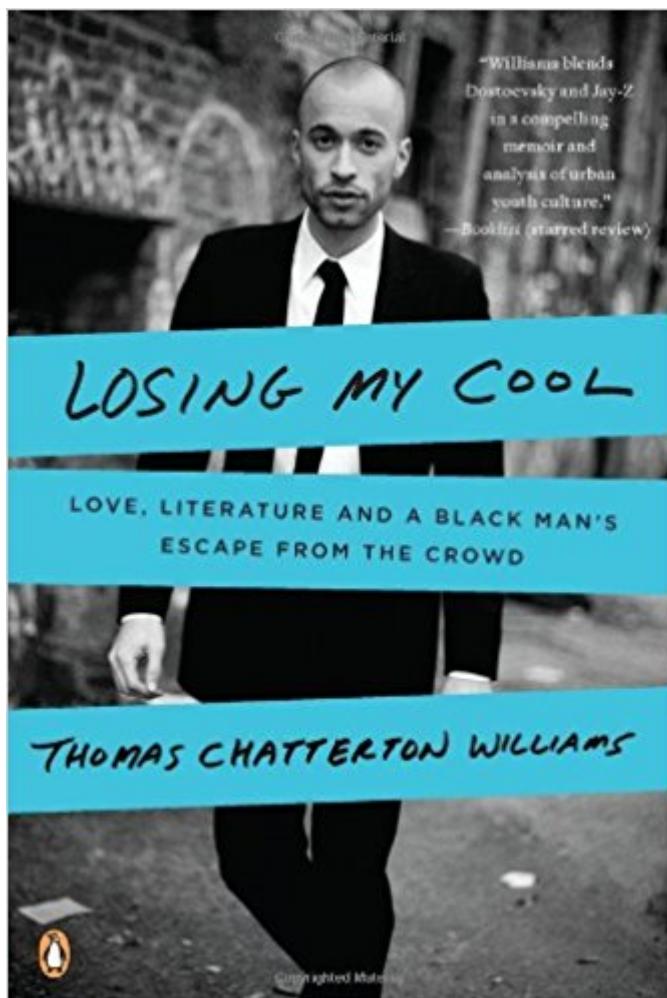


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# Losing My Cool: Love, Literature, And A Black Man's Escape From The Crowd



## Synopsis

"A provocative, intellectual memoir" (USA Today)-from a remarkable new literary voice. Growing up, Thomas Chatterton Williams knew he loved three things in life: his parents, literature, and the intoxicating hip-hop culture that surrounded him. For years, he managed to juggle two disparate lifestyles, "keeping it real" in his friends' eyes and studying for the SATs under his father's strict tutelage-until it all threatened to spin out of control. Written with remarkable candor and emotional depth, *Losing My Cool* portrays the allure and danger of hip-hop culture with the authority of a true fan who's lived through it all, while demonstrating the saving grace of literature and the power of the bond between father and son.

## Book Information

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## Customer Reviews

Thomas Chatterton Williams's Playlist Inspired by *Losing My Cool* Listen to Thomas Chatterton Williams's annotated playlist, a lineup of ten essential hip-hop tracks that informed *Losing My Cool*, including highlights from Dr. Dre, 2pac, and Jay-Z. Browse the playlist A Conversation with Thomas Chatterton Williams Q: Tell us a little bit about yourself. I grew up in New Jersey, but my parents are from out west. They moved the family to New Jersey when my father, a sociologist by training, took a job in Newark running anti-poverty programs for the Episcopal Archdiocese. My father à œPappyâ • who is black, is from Galveston and Fort Worth, Texas. My mother, who is white, is from San Diego. They both lament the decision to move east. I spent the first year of my life in Newark, but was raised in Fanwood, a solidly middle-class suburb with a white side and a black side. We lived on the white side of town mainly because Pappy, who had grown up under

formal segregation, refused out of principle to ever again let anyone tell him where to live. I studied philosophy at Georgetown University in Washington D.C., and more recently, attended graduate school at New York University. Q: Why did you write this book? I started writing this book out of a searing sense of frustration. It was 2007, hip-hop had sunk to new depths with outrageously ignorant artists like the Dip Set and Soulja Boy dominating the culture and airwaves, and something inside me just snapped. I was in grad school at NYU and one of my teachers gave the class the assignment of writing an op-ed article on a topic of choice, the only requirement being to take a strong stand. I went straight from class to the library and in three or four hours banged out a heartfelt 1000 words against what I saw as the debasement of black culture in the hip-hop era. After some revisions, the Washington Post published what I had written and it generated a lot of passionate feedback, both for and against. I realized that there was a serious conversation to be had on this subject and that there was a lot more that I wanted to say besides. That was why I started. By the time I finished writing, though, it had become something quite different, something very personal, a tribute to my father and to previous generations of black men and women who went through unimaginable circumstances and despite that, or rather because of it, would be ashamed of the things we as a culture now preoccupy ourselves with, rap about, and do on a daily basis.

Basically, the book began as a Dear John letter to my peers and ended as a love letter to my father.

Q: You fully embraced the black culture of BET and rap superstars starting at a young age. What drew you in? I think I was drawn to black culture by the same things that have been drawing the entire world to it since the days of Richard Wright, Josephine Baker and Louis Armstrong. This culture is original, potent and seductive. As we all know, the evil of slavery and the sting of the whip have given us many things including the voice of Nina Simone, the prose of James Baldwin, the Air Jordan sneaker, the blues, jazz, moonwalking, and more recently gangsta rap. What matters here is not that I found the black hip-hop driven culture that I was surrounded by alluringâ "thatâ ™s not significant, unique or particularly interesting. The crucial point is that this culture exerted a seriously negative influence on my black peers and me, and it did so in a way and to a degree that it didnâ ™t for non-blacks. The main reason for this, I firmly believe, is that we (blacks) tended to approach hip-hop seriously and earnestly, striving to â œkeep it realâ • and viewing a lifestyle governed by hip-hop values as some kind of prerequisite to an authentically black existence. Non-blacks were better able to embrace hip-hop with a healthy sense of irony. Q: Your father tutored you throughout your life, yet you still seem awed that you escaped the allure of hip-hop culture. Where are your high school classmates today? Yes, I was and still am awed! Letâ ™s be honest, like many committed parents my father faced daunting odds getting me away from the foolishness that surrounded us.

Because we were not wealthy and living in seclusion, it was basically him and my mother against a neighborhood and high school of bad role models who were working in conjunction with a relentless and powerful propaganda campaign that streamed into the house 24/7 via Hot 97 FM, Black Entertainment Television and MTV. The odds were that his message would be drowned out in a cacophony of bullshit. To answer the second questionâ "and to be precise, weâ™re just talking about blacks and Latinos when we talk about my classmates here because I wasnâ™t really around anyone else in those daysâ "I havenâ™t kept up with any of the classmates I mention in the book with the exception of Charles, who is like a brother to my brother and me and a son to my parents. Charles is doing fantastic, having recently graduated from one of the top two law schools in the country. From what I hear and occasionally see on Facebook, no one else has done anything close to that. Thatâ™s sad to me because there were many other students who were intelligent enough to go that far, but they didnâ™t. Without my fatherâ™s encouragement and guidance, of course, I donâ™t think that Charles and I would have gone far either. The culture was stifling. None of us (except for one or two good girls who come to mind, but who were not influential at all on the rest of us) considered being smart very à œreal.â • Most of the others that I mention in the book seem to be in solidly mediocre positions, having grown into adults with varying degrees of success. Some have done okay, but some have utterly failed. Some are happily married and some still dream of becoming rappers, which floors me. The girls seem to have done better than the boys. Are they all a bunch of criminals and crackheads? No, not at all, and I want to emphasize that. But was there a lot of needlessly squandered potential? Yes, absolutely. Q: Your father owned 15,000 books, but says that he has never read for enjoyment. What is the difference between your attitude toward books and your fatherâ™s? Itâ™s true, Pappy is in his 70s and to this day he still underlines articles in the newspaper every morning. My father loves to read, but he canâ™t simply relax with a good book. Reading will always be work for him. He always felt pressure to read for the purpose of obtaining practical knowledge (even from novels). He was born black in the segregated south in the 1930s, and he figured out early on that if he didnâ™t teach himself what he needed to know through books no one else would. I contrast this with my own view that itâ™s nice to enjoy literature for purely aesthetic reasons. In college and in my early 20s, I read for the latter reason mainly, for beauty and quixotic epiphany, both of which are valuable things, but a bit luxurious, too. Today, as a writer and someone who cares deeply about sentences, I find myself reading for many more practical reasons than I used to. I read for technical and inspirational knowledge about my craft. In that way I am more like my father than I used to be. However, Iâ™m also always on the lookout for beauty for beautyâ™s sake and nothing more. I see it both ways now. Q: In the book

you describe Georgetown as âœan outpost of white and international privilegeâ • nestled into one of our countryâ™s blackest cities. What was your attitude going into your first year? And upon graduating? Georgetown is certainly that. Going into my first year, my attitude was essentially that I would be an alien there; at most I would just be passing through. I had no animosity toward the wider non-black world, I just couldnâ™t imagine myself reflected in it. It wasnâ™t real to me. By the time I graduated, I had become a stranger to the hip-hop culture I had grown up in. Crucially, though, I didnâ™t feel that I had started selling out or acting white at all. Actually, I felt prouder than ever to be blackâœitâ™s just my definition of what black could be had begun to expand dramatically. Q: At different points in *Losing My Cool*, you identify hip-hop as âœa culture,â • âœa way of being in the world,â • as like a religion, an âœopiate,â • âœcaptor,â • âœnation,â • and, well, just music. What does hip-hop signify to you today? For a lot of people I know, hip-hop is still all of those things, so it signifies all of that to me still. In my own life, though, more than anything, hip-hop is now the sound of my childhood and adolescence. It signifies the past and not the future. Of course, anything that reminds you of your growing up years is going to be special to you in certain ways, but I see hip-hop, by its very nature, as basically an obstacle to serious engagement with the world. Q: Do Kanye, Jay-Z, and other current rap superstars have anything to offer society? The thing I want to stress here is that it has never been my aim or desire to criticize hip-hop from a musical or formal standpoint. For one thing, Iâ™m not qualified to do that, and for another, Iâ™m already convinced that it is formally very interesting and worthy of respect from a variety of perspectives. So with that said, yes, I do think artists like Jay-Z and Kanye West especially have something to offer society, and that is the spectacle of their talent. These are extraordinarily talented cats. Jay-Zâ™s wordplay on songs like âœDâ™Evilsâ • or âœCan I Live?â • surpasses what most Harvard and Yale graduates can do with language. As for Kanye West, heâ™s got to be one of the most gifted and original popular musicians of his generation in any genre. The things he hears you and I donâ™t hear. Itâ™s no secret that we all love to discover and marvel at talent, put it on a pedestal and gawk at it. But in my opinion, what these guys do for us seldom or never gets any deeper than merely displaying that they are clever, and doing so in strictly solipsistic ways. In terms of their ethics, interests, values, and the lyrical content of their work, these rappers have very little that is enriching and lots that is actually very damaging to offer their listeners. They engage us in a catchy way so we admire them for it, and hunger after what they produce, but itâ™s empty calories at best. The truth is that thereâ™s very little that is nutritious to consume there. You can gain far more from an hour spent with Joan Didion or James Baldwin than with Jay-Z, period. Q: How does your father feel about *Losing My Cool*? My father named me after a writer, always encouraged me

to be a writer, and worked extremely hard to equip me with the tools to become one, so this book is my way of saying thanks to him and I think he gets that. The first time he read the book I was nervous, though, because heâ™s an intensely private man and here I was writing a memoir and exposing things about myself that he might find vulgar or embarrassing. Unlike with my mother and brother, I never let him read the manuscript; I waited until I had galleys before I shared it with him. When I finally gave him a copy, he took it upstairs to his reading room and read the whole thing straight through. And he took notes on it! He identified two minor factual errors in the text, which was really helpful. Other than that, he didnâ™t say much immediately about it, we just sat down and watched some NFL, but I knew that he was very happy because he was in a really playful mood throughout the game, laughing and joking with my mother and me. Since then heâ™s read the book cover to cover at least three more times, underlining it extensively (always underlining!).

Weâ™ve spoken a lot about the more philosophical subject matter, which comes up later in the book, like Heideggerâ™s idea that groups rob the individual of him or herself. This is an important point for my father. Pappy is almost never in crowds, and he doesnâ™t belong to any scene and never has. Thatâ™s because, he says, heâ™s been trying his whole life to define himself and not be defined by others. I think heâ™s proud that I was able to touch on this. Q: Is there anything youâ™d like to go back and tell your low slung jeans-wearing, basketballing, game-running former self? Most definitely! Iâ™d say: Life is long and the world is wide, so itâ™s important as hell to guard against making choices that pointlessly limit you down the road. And also, itâ™s better to be open and flexible than closed and hard. And also, when youâ™re tall and slim, itâ™s much, much more flattering to the physique to wear clothes that fit. And alsoâ™ pay more attention in French class, please! Q: What can we do to overcome the negative aspects of hip-hop culture such as self-hatred, emphasis on failure, willful ignorance? The first thing we have to do is get serious. The world is a serious placeâ™ the climate is changing and we are at warâ™ and way too many of us are walking around worrying about utter trivialities, such as what 50 Cent said about Rick Ross or what shoes Kanye West wore. In the book, I describe a time in my early high school years when I was playing basketball with members of the St. Anthony Friars, one of the best, if not the best, boyâ™s varsity teams in the nation. These kids there were dedicated to the game of basketball the way many black kids I know are dedicated to hip-hop, to such an extent it is almost unbelievable if you take a step back and think about it. In fact for young black men hip-hop and playing sports, particularly basketball, go hand-in-hand. Whatâ™s heartbreaking to me is that if these kids had ever put similar effort into developing their minds, some of them would now be inventing ways to combat global warming, some would be curing cancer, and one or two would be writing the next

great American novel. Almost none of the members of the Friars team, if any, now play in the NBA, so what was it all for? The second thing is that we really have to expand our idea of what it means to be black. Being authentically black has to mean something much more than merely being cool, athletic, sexy, thugged-out, from the hood, or cerebral. • To that end, I think the election of Barack Obama was earth-shattering and we will start reaping the tangible rewards five, ten, fifteen, twenty years down the road. At least, that is what I sincerely wish for. Q: What do you hope readers will take away from *Losing My Cool*? I hope that *Losing My Cool* will provoke readers black, white, old and young to question, critique, and ultimately reject more of the nonsense and conformity that surrounds us all. (Photo of Thomas Chatterton Williams © Luke Abiol) --This text refers to an out of print or unavailable edition of this title.

In Williams' debut, he offers a memoir that focuses on his upbringing, primarily credited to a father who instilled in him a value of education and mature study habits over sports and recreation. Williams recalls that he spent many summer days growing up pouring over flash cards or his seemingly never-ending stack of books, while his peers swam and played outside. What little free time he had he spent at a local park playing basketball and idolizing the older boys, one in particular who loved Hip-Hop and had gained the street cred that came from violence when defending one's honor. Williams credits Hip-Hop and its legends for his ever-growing curiosity of what it means to be black, and initially considered popular rappers to be historians of African American culture. As Williams enters adulthood and begins his first semester at Georgetown, he meets people of many different ethnicities and cultures and his opinions of the black identity begin to change . Williams' innate respect for knowledge and analysis emerges, and he discovers the value of the people around him and real experience over image. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

In this deeply personal and courageous book, Thomas Chatterton Williams seems to me to circle around one question: What is the good life, and how does one live it? Posed like that, however, the question is incomplete. It might be better posed like this: What is the good life (for a black person), and how does one live it? And, importantly, is it different than for people from different racial backgrounds? I don't think Williams offers a definitive answer to the first question—perhaps because there isn't one. I think I'm reading him accurately if I say that "for him, as a black man" the approach to the good life is through careful examination of one's

self, one's circumstances, and one's attitudes towards the two. In short, through philosophy. In response to the second question, I read him as saying that philosophy can be as valuable for black people as it can be for anyone else. I am white. Philosophy as Chatterton presents it (and Socrates would have recognized it) has been a cornerstone of my life."when I've practiced it, I've done well; when I haven't, I have not." I'm honored to share the life of the mind with someone who has worked as hard for it as Williams has, and am grateful to him for sharing the story of how he came to value it. I highly recommend it to anyone who is struggling to understand which intellectual projects are provincial and which may be universal.

I can't explain how articulate and expressive this book is. After reading "Great Negros", "Brainwashed", and "High Price: A Neuroscientist Journey...", I didn't think I would find anything close. It amazes me the insight and correlating path of choices we face in this society. A definite must read for all but especially for young black men or those raising/teaching young black men. As a teacher, I see those decisions constantly and have wondered how to stop the vicious cycle of respect at all cost, hip hop Biblism, and our lack of future. It is definitely a must read to forge your own path regardless of the lack of perceived "power" in society and the cost of neglecting to step out of the BET box.

Another in the growing genre of those who made good. But the author writes with uniquely appealing modesty, humor, and wisdom and with wonderful literary style. I am recommending this to almost anyone!

This was a good memoir from the hip-hop generation, an insider -- from the street side. As an older person, I learned a lot about that culture. I have observed it, but now I have a better handle on its range and its appeal. Here is a kid, who in another generation would not have hung out with these people. But America being America, he is attracted to its popularity, its showmanship, its seduction. Young kids are so into the bling, bling of it, that other aspects of their lives and their humanity play second fiddle. Each generation has its attraction. Thank you Thomas Chatterton Williams for introducing me to your version of growing up in the hip-hop generation. Thanks to your father and mother for standing strong through it all. Love saves another.

Self-righteous and lacking a true understanding that his choices/opinions are his. There is a

fundamental inability to truly stand in the shoes of others, their choices, good and bad and ultimately the meaning of his family's ability to insulate him from many of his foolish/youthful decisions.

I thought it was a good book. It really brings to light how easily influenced human beings are. It is definitely very difficult to be different from everyone around you. Even with that difficulty this is an account of a young man that was still able to overcome. It also speaks to how important a strong family unit is. I found it to be pretty easy reading and interesting enough to keep me turning the pages. I could personally picture the locations and music described in the text. This book took me back to my own youth. I would recommend this book.

Insightful and piercing critique and observation of a segment of African-American culture/experience. Well written. I highly recommend this book. I could relate on many levels.

I have to say this was probably a unique experience that I had but Thomas' father reminded me a lot of my own. I really enjoyed the book and have recommended it to many of my friends and family. I plan on suggesting it to my children when they are old enough.

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